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**Members
Newsletter February
2020
3rd Edition**

President



Mineshbhai

Namaste & Jai Shree Krishna – Dear Members

Happy New Year to you all. 2019 was a progressive year for our Samaj, as we achieved so much, which you will see when you read on this newsletter. **I would like to take this opportunity to thank the committee for working so hard in delivering and serving our members.** Our Memberships grew, there was more diversity in what we delivered, and we cemented our affiliation with UKLPS. The Execs have also worked hard and continue to do so in talks with the Council and Sporting Bodies to seek support for our Samaj. Our community engagement seems to be getting stronger as we go along.

I am looking forward to this year in seeing you all once again, helping out or participating in the many events we plan for.

Trustees



Chhotubhai

The Board of Trustees together with the Management Committee have started to create firm foundations for our new Samaj and are proud of the achievements and contribution by everyone to date. The support of our members has been instrumental as it's your faith and confidence in the new LPS which has given us the mandate to deliver on the ambitions that are set out in our Constitution.

Since the establishment of the new LPS it has been a busy, and at times a challenging period. Nevertheless it has been incredibly rewarding to see the Samaj develop, grow and operate effectively with the majority of our members participating in organised events and activities which have been planned by the Management Committee.

As Trustees our core purpose is to ensure the effective governance of the new Samaj. Both myself and Maheshbhai have been in post since November 2018 and have provided guidance to help the new LPS get off on the right footing and will continue to do so moving forward.

We are pleased to announce that Bhavna Patel joined as the third Trustee in August 2019 and are delighted to have her on board. Bhavna has lived in Bolton for the past 28 years and works as an Operations Manager for a national housing organisation. We are confident that our members will confirm her appointment at our next AGM.

The Trustees are confident the new LPS can continue to grow in strength and we look forward to continuing to support the Management Committee to deliver on the strategic objectives.

As Trustees, we also encourage our members to contact us directly should they wish to discuss any issues which they feel will enhance our working practises. We may not get everything right every time, but with your input we will certainly do our utmost for our members.

Our ultimate goal is to bring the community together by creating an inclusive culture for all our members, both young and old.



Maheshbhai



Bhavnaben

Vice President - Kaminiben



Hello members – I am pleased to say **Navratri 2019** was a big success. It was a joint event with Bolton Hindu Forum, and brought the community together in a positive way at a very special time in the Hindu calendar. The turnout everyday was amazing & everyone enjoyed themselves in this nine day event. It was also great to see so many male participants as well as children. Thank you to all the volunteers who helped out



The **Diwali 2019 party** was one of the best ever events we have organised. Held at the Holiday Inn with over 330 attendees.

We had different party games for under 16's, it was amazing getting them together so bonds can be formed. All the children loved the games, they kept asking to play the games over and over again.

A number of women and girls put on great dance shows. The evening was then followed by a delicious 3 course meal, Disco and Raffles.

Every member I had the opportunity to speak to on the night said they were having a fabulous time and couldn't wait for the next one! The dance floor was busy all night and the room was amazingly lit & decorated.



Diwali 2019 – An Amazing Night





Tinaben – Ladies Night



“After 2 successful Ladies Night parties we are hoping to go even bigger in 2020 and put on a spectacular evening. In 2019 we had over 150 women attended, partying the night away with fun.

This is a perfect opportunity for the ladies of our Samaj (and also non-members) to let their hair down, mingle, meet and enjoy one another’s company. One thing we can say is that the Bolton women are not shy for one in having a good time.

We couldn’t have made it happen without the ongoing support from all the Samaj.

We are open to new ideas for the next Ladies Night, please do not hesitate to contact me. We cannot wait to see you ladies there!”



Chhotubhai – Cruise Trip



Following the success of last year's Mediterranean cruise, New LPS have arranged another 7 day cruise for this year departing July 11th. **The itinerary includes: St Peters Port, (Guernsey) Oporto, Lisbon, Vigo (Portugal).**

The current prices as of today are as follows:

PE Inside Cabin - £800 per person- £79 per person deposit required.

This price includes £30 per person on board spend or the choice of free car parking or free coach transfers.

HF Balcony Cabin - £1209 per person-HF Balcony - £120 per person deposit required.

This price includes £85 per person on board spend or the choice of free car parking or free coach transfers.

Please note that these prices are subject to continual change

It is our aim to provide more holiday venues for all age groups and we therefore encourage our members to contact us if there are any particular places of interest you would like to visit.

So please, **if you fancy a coach trip, a weekend break, a trip abroad or even a day at the races, then don't delay, put your ideas forward and leave the organising to us.**

Iberia Cruise July 11th 2020

Travel Itinerary

- Day 1 – Travel to Southampton
- Day 2 – St. Peter Port (Guernsey)
- Day 3 – At Sea
- Day 4 – Oporto
- Day 5 – Lisbon
- Day 6 – Vigo
- Day 7 – At Sea
- Day 8 – Southampton

Book Now



Dhirenchai & Sardaben – Silver Sundays



We started a couple of years ago with a vision to bring the LPS community of Bolton together. One area of interest & passion we had was to bring the elders of our Samaj together. So we began a project & a journey to hold events where we could make this possible. We wanted to make sure that all who attended had a great time.

We achieved this by having games such as Board games, Playing Cards, Dominos, Kori (Indian shells), Ker Plunk, Jenga & many more. To our surprise the most popular game was Bingo, where all participants had a fantastic time & a good laugh with the bingo callers announcing numbers in English & Gujarati.



The success of the event was the beginning of “Silver Sundays” & “Vadilo No Melo”. With word getting round of the Silver Sunday events the number of attendees also increased. We have also had the opportunity to celebrate Birthdays of our elders with cakes & a nice cup of tea or coffee to wash it down with. We have also received very kind donations from our attendees, which we are ever so grateful for. These ranged from cash, to providing & paying for snacks. A huge thank you to all who donated.

Our most successful Silver Sunday was our Diwali event where the elders were encouraged to bring their grand children & families to enjoy the fun. We had stand up activities, arts & crafts along with our usual games including everyone’s favorite BINGO! We had at least 100 attendees on this occasion & it was so nice to see all the children join us & have quality time with their grandparents & friends.

One of the most inspiring things about our Silver Sundays is how our attendees don't hold back & get involved with all the activities from the games to Yoga. So a big well done to you all & we look forward to organizing more events for you this year.

On a final note you asked & we listened, so look out for “Silver Sunday On Tour” more information to follow in due course.

Please can we take this opportunity to request if you could supply us with an email address & a mobile number (for whats app) so we can improve on our communication with you more efficiently & quicker.

Thank you all for your continued support, we look forward to receiving more suggestions & ideas from you & look forward to seeing you all at all our Bolton LPS Samaj events.



Mineshbhai - Sports

Dear Members – As some of you know, I have a strong background in delivering 'grass root' sports activities. With over 10 years of experience in coaching boys and girls, at development level as well as competitive level. My personal belief is that one should make time to participate in sporting activities of some nature, be it individual or team wise. Some of the benefits of doing so are :-

- To keep Fit and Healthy
- A chance to socialise and engage with others
- Learn & Develop, and to be able to control & handle competitive situations
- Improve our leadership and communication skills
- Release daily / weekly stress from our working & study lives
- And of course to have fun and 'live a little'.

I often hear people, usually adults more than teens, say that they don't have the time, or are far too busy, or will only participate if another friend participates, or that they have never played before, or they have some sort of slight injury or disability etc. **The truth of the matter is we can all make time, even if it's only an hour.** It's never too late to learn a sport, and some of the activities can be catered around people with injuries or disabilities at times. If in doubt just ask. I say lets shake off those excuses and really give ourselves a chance.

Our progress in sports as a community and what we have achieved so far.....

- We now have an affiliation with Sporting Equal, Netball for England, The FA & Greater Sports.
- We have participated & helped organise the Bolton Sports Mela for last several years.
- We have many members within our Samaj now who are qualified coaches in various activities.
- Many of our Samaj Members are playing in local leagues & achieving great results
- We have regular activities every week organised by our Samaj Members (Football, Cricket, Volleyball, Netball, Badminton & Tennis), but we also support other communities organising them and so we encourage our members to attend, for example the Yoga Classes at SKSST.

Our responsibility to our next generations.....

Reducing the risk of diabetes, obesity, and other health related matters including mental health are all things we are aware of. I often ask parents how are they encouraging their children in terms of sports. Are they making time to take them to activities, or are they just relying on what schools can provide? Just in the last 12 months I have seen so many examples of parents getting involved in our sports with their children which is amazing to see. Not only are they doing the right thing in helping them with their health, but they are actually taking the opportunity to 'bond' with their children even more away from a room of television, mobile phones and playstations.

Participating in sports as a family can be very rewarding and helps building confidence..

We as a committee and team of volunteers will continue to work hard on delivering sports to the community, but the success of it is really down to the members taking advantage and continuing to participate.

Mineshbhai (President)

Sports Mela 2019

Another achieving year for our Samaj Members who took part. The pictures speak for themselves



Sunday Football / Tennis

This was launched 3 years ago by our very own President Mineshbhai for the Hindu Community of Bolton. Our very first session had about 7 children, and forward on to today **we have nearly 60 kids registered**, and a team of **8 coaching volunteers**. The program is run every Sunday from 10am-11am, on the 3G Pitch at the Westhoughton Leisure Centre.

Participant ages range from as young as 3years Old to 17years Old. We have a mixture of Boys, and over 10 girls registered. Over the years a number of them have developed and joined local leagues as well. **In the Winter period we also take the younger kids indoors, whereby we put on a mixed activity of Tennis and Football, led by qualified coaches.**

In the 3 years we have been running this program, player numbers have grown, number of coaches have grown, we have entered the kids into tournaments, taken them on away day trips to professional matches. The kids love the sessions as it allows them to make friends within the community, and given there is no pressure as its all purely for fun, means they leave with smiles and fun memories.

If you have a child interested or would like to help as a volunteer, then please get in touch with Mineshbhai on 07930 473732



Rakeshbhai – Volleyball / Senior Football



What a fantastic year we had in our sporting achievements last year. Both our senior teams competing in the final for football with our kids winning in the primary and secondary school sections.

We also started **Volleyball** and it has been, and still is, a great success. Seeing the children in our community playing alongside some of the elders has been an inspiration itself..

My proudest moment of the year was to see the ladies come together to compete in the BHF netball tournament and do well. Well done to Sarojbhabi for getting it started.

Minesh and myself also attended a tennis coaching event and are keen to introduce more sports as we truly believe through sports we can bring our community together regardless of age, ability or gender.

Volleyball is on Tuesday Nights 7pm to 8pm, ESSA Acadamey

Senior Football is on Thursday Evenings 7:30pm and Sunday Mornings at 11am, Bolton Arena

If you are interested in any sports, please contact me on 07866 563979

Sarojben – Netball / Badminton



Over the past year I have organised and led women's netball & badminton on a weekly basis as part of our ambition to get more women in our community playing sports. When I first reached out to women to advise of our plan to offer netball on a regular basis it was wonderful to see many women of different ages show interest. Their participation and commitment to attend the sessions is instrumental in it's success. We have had ladies of different ages including girls under 18 come along to enjoy playing netball and getting active. It's been rewarding to see the ladies enjoying themselves, improving their fitness whilst at the same time getting competitive and improving their technical abilities.

Netball is very much a team sport and therefore it continues to provide the ladies with the opportunity for interaction helping them to continue forming good social skills whilst having lots of fun. As a result there has been **great camaraderie and longer term friendships have been established**. I would like to say a special thanks to the participants who have shown commitment by coming along to play the sport and I take this opportunity to encourage more women and girls to join us. This will help to strengthen the sustainability of this netball program. We are offering a free trial session and so if you or anyone in your family is interested then please contact us by calling Saroj 07904226675 or Sietal- full details will be available on our FB page.

Annual General Meeting – Sunday 5th April 2020

Dear Members – This year's **AGM will be held on Sunday 5th April at 2:30pm**. It will be at a new venue, and will now be at the Lostock Parish Church Centre, full details below.

As you have so far read in this magazine and experienced in 2019, we have done many events, and the committee has worked tirelessly hard to serve you, the members. It is therefore very important that **you all attend this meeting and make time for it**. We request that **at least one member of each household attends**. Lets make this a big and exciting, interactive event.

We have heard in the past of people complaining they were not aware of what was going on in the Samaj, or not having their say, debate, vote or even the opportunity to put ideas and suggestions forward. This can also lead to members assuming or being miss-lead on information or communications.

SO PLEASE ALL MAKE AN EFFORT THIS YEAR TO ATTEND THE AGM. After all this is your community, and if you are really passionate about it we value your input.

**Address: Lostock Parish Church
Lostock, Tempest Road, Bolton, BL6 4EL**

**Parking is available, and snacks & drinks
will be provided**



Indybhair, Bharatbhair – Membership & Renewals



Hi All – Please note: Membership Renewal Date is on the 1st April 2020. The fees will be the same as last year, £10 per adult (18+). We would be very grateful for all members co-operation this year in **renewing their membership fees in a timely manner**.

Last year over 85% members paid on-time, and a significant attended the AGM and made payments on that day. Sadly the remaining collections took quite some time and effort, whereby we had to chase people. Which as you can appreciate is very time consuming.

Our preference is that fees are either paid in cash at the AGM, or are bank transferred into the Samaj Account, details below.

This year we will also be re-visiting our members database and may contact you individually to confirm the details we have on our system are correct. We thank you in advance for your co-operation.



Samaj Account: Sort Code 09-01-29, Account # 40672599

***Please reference your name & membership number, followed by the prefix 'MEM' when making payment so that we can trace it. Please also then notify us (Indybhair or Bharatbhair) that you have made the payment so that we can update the database & check. Thank You**

Kamleshbhai / Sunilbhai – Website & Social Media



Greetings! Happy New Year and Best Wishes for the all Samaj members.

Last year we launched our website, www.boltonlps.co.uk. We are pleased to report that we have 200 to 300 visitors a month, we hope all the content is useful to our members. Please continually visit it. We would like to hear more ideas from you on what content you would like to see on our website.

On social media, the **New LPS Facebook group** has been active with all the events pictures and updates. However we still feel that not all our members, or at least one person from each household has joined yet. In which case, you could be missing out on useful updates & events information. If you have not joined, then we strongly suggest you or someone in your house do so.

In 2020 we plan to further develop our website by creating a Networking Page. This will be to benefit our younger generation in their career aspirations by knowing and being able to approach members of desired background, qualification and experience for career, work and general advice. Remember, its not always what you know, but who you know. We will also be looking to promote a sponsors & advertising page this year.

Also to improve communications we intend on creating a **whatsapp distribution list/group** linked with at least one member of each household.



Nikhilbhai, Arvindbhai – Treasurers



Hello Members – Happy New Year to you all

We can't wait to meet you all at the fourth coming AGM where we will present you with our Samaj Finances. As Treasurers it is our responsibility to make sure our books are always kept up to date, the committee is spending responsibly, and all transactions are processed correctly.

In 2018 we launched our Samaj Bank Account, with online banking facilities. We have been so pleased to see many of you members use the online facility in making payments into the account whether it's for membership or events.

However, to make transactions smoother and easy for us to identify, we request that at **ALL times when making payments you clearly reference your membership number and what the payment is for**. Further to that, we request that you text myself, Nikhil on 07795 272769, to notify me of any payments you have made into the Samaj Account. We thank you in advance for your co-operation



Samaj Account: Sort 09-01-29, Account # 40672599

Mohanbhai, Prakashbhai, Anandbhai, Hetalben – Volunteering



As committee members, we have thoroughly enjoyed our involvement in serving you the members in 2019 in the various events. More importantly it has been so great to see so many of you the members also volunteering to help either before the event or on the day itself. This just goes to show the charitable nature we have within our community. From helping set up and decorate a venue, to helping serve food, to choreographing dances and so much more. We hope to see more of that in 2020 and encourage at least one member of each household to volunteer whenever they can. Don't wait to be asked, feel free to come forward and enquire with any committee member.



Mineshbhai – Donations & Sponsors

In the last year, many of our events were made possible with the help of the generous nature of individuals in our community, through personal donations, sponsors & their time. It is important that we continue that charitable nature within ourselves, whether it is cash donations, prizes for raffles or simply giving up some of our time to help out. The donations that we received during Navratri was overwhelming, and from all generations. For that we humbly thank everyone who donated. The same for the prizes donated at Diwali and Ladies Night, again thank you. And to the people who donated / sponsored food at the Silver Sundays, your kind generosity has been much appreciated.

Many of us believe that through charitable giving we receive blessings for ourselves and our loved ones. This is an important aspect of our culture & community. Thank You

Committee Vacancies – 2 Posts

We wish to announce husband & wife, Anandbhai & Hetalben are taking a break from their committee roles, due to the arrival of their new born son Viren, and wishing to spend more time with him.

Anand & Hetal have both spent the last two years supporting the committee with valuable input, discussions in meetings, helping organise events and other physical activities. They have been a joy to work with, and the committee will truly miss them. Please all join us in congratulating them, and thanking them for all their hard work over the years. As well as helping out in the Samaj, Anand has also these past years helped out on the Sunday Football Activity & also other Grass Root Sports. His passion and dedication is admirable and he has decided to continue his voluntary work in those areas. I'm sure we will continue to see them regularly at our events.

This means we now have 2 vacancies in the committee to fill. We are looking for energetic and committed persons to join our vibrant and diverse team. And our aim is to ensure we have representation for all generations. I know many of you out there are quite passionate about our Samaj and taking it forward. If you feel this opportunity is for you, then please do get in touch with any committee members to put yourself for consideration, or equally you can contact me directly to have an initial chat on :-

mimesh_patel@boltonlps.co.uk, or text / whatsapp on 07930 473732

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हम यहाँ बोल्टन में आपके लिए उपलब्ध हैं

- आपकी इच्छानुसार पूरी की गई और आपकी पसंद के स्थान पर आयोजित होने वाली अंत्येष्टि
- अंत्येष्टि के लिए अनुकूल भुगतान वकिलों के साथ उपलब्ध पूरी तरह से गारंटीकृत योजनाएं
- सभी धार्मिक और सामंस्कृतिक रीवाजों और इच्छाओं का पालन व प्रबंध किया जाता है
- आधुनिक, पूरी तरह से सुसज्जित वांशिंग और ड्रेसिंग सुविधाएं
- अंत्येष्टि संबंधी रीवाजों को पूरा करने या शोकसभा में श्रद्धांजलि देने के लिए प्रार्थना कक्ष उपलब्ध
- आधुनिक, पूरी तरह से सुसज्जित वांशिंग और ड्रेसिंग सुविधाएं या अंत्येष्टि से पहले अपने परिवार को घर ले जाने का वकिलप
- सप्ताहांत में अंत्येष्टि करने की सुविधा उपलब्ध
- अंतरराष्ट्रीय प्रत्येक वर्ष सेवा और अस्थि-संचय संबंधी सलाह

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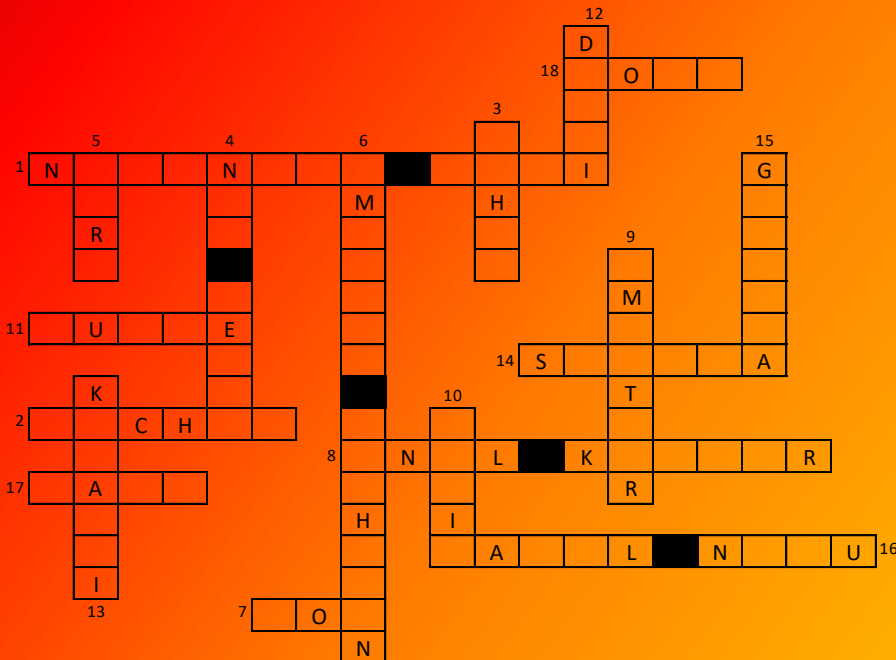
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Fun page – WordSearch (Can you find all the villages)



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 ZERVAVRA
 AFWA
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 AMANPOR
 ASTA
 BABLA
 BAGUMRA
 BAJIPURA
 BHARAMPOR
 DASTAN
 GODADHA
 GOJI
 KANI

Fun page – Crossword (test your knowledge of India)



Across

- 1 Prime Minister of India (8 & 4)
- 2 First name of Indian Batsman who scored 100 Century's (6)
- 6 India's most famous Bollywood Actor (7 & 8)
- 7 Tourist beach town in South West Coast India (3)
- 8 Bollywood actor in Slumdog Millionaire Movie (4 & 6)

Down

- 3 Last name of current Indian Cricket team Captain (5)
- 4 Capital of India (3 & 5 letters)
- 5 Home of Taj Mahal (4)
- 9 Home of the Golden Temple in India (8)
- 10 Last name of Bollywood Actress in movie 'Saajan' (5)
- 12 Last name of the Captain of the Indian Cricket Team in the 2011 World Cup (5)
- 13 Famous Tag Sport in India (7)
- 15 Lord of New Beginnings, Success & Wisdom, Remover of obstacles (7)

Across

- 11 Currency of India (5)
- 14 Capital City of Indian State Himachal Pradesh (6)
- 16 Indian State of Chennai (5 & 4)
- 17 Famous Car & Truck Manufacturer in India (4)
- 18 Festival of Colours (4)